



BURGERS REINVENTED

Food Allergen & Sensitivities Chart

All menu items include allergen and sensitivity information for the items listed on the menu only. If the menu item includes a guest choice (i.e. salad dressing, cheese), this is not included in the allergen information for that item. Please consult the ingredients of each individual product prior to consuming.

*According to the FDA, highly refined oils such as highly refined soybean and peanut oil are not considered major food allergens, we have listed these ingredients here for your knowledge.

*The FDA does not require manufacturers to identify MSG in processed foods and MSG occurs naturally in most foods, therefore, this list does not include every food item that could contain MSG.

*Due to the variety of ingredients and manufacturing processes each vendor uses, it is the obligation of the restaurant manager and franchisee to carefully inspect each label.

Allergens Considered	Sensitivities Considered
• Eggs	• Bulbs / Onion
• Fish	• Garlic
• Milk	• MSG
• Peanuts	• Sulfite
• Soy	• Shellfish
• Tree Nuts	• Wheat

Menu Item	Allergens
Beef Burgers (with ingredients as stated on the menu)	
101 Burger	Egg, Garlic, Refined Soybean Oil, Wheat
Cheesy	Egg, Garlic, Milk, Refined Soybean Oil, Wheat Contains soy if prepared with American Cheese.
Bacon Cheesy	Egg, Garlic, Milk, Refined Soybean Oil, Wheat Contains soy if prepared with American Cheese.
Shroom	Egg, Garlic, Milk, Onion, Refined Soybean Oil, Soy, Wheat
Black + Bleu	Egg, Garlic, Milk, Refined Soybean Oil, Sulfites, Wheat
Tex-Mex Haystack	Egg, Garlic, Milk, Onion, Refined Soybean Oil, Soy, Sulfites, Wheat
BBQ Bacon	Garlic, Milk, Onion, Refined Soybean Oil, Wheat
Cinco	Garlic, Milk, Onion, Refined Soybean Oil, Wheat
OMG!	Egg, Garlic, Milk; Refined Soybean Oil, Wheat Contains soy if prepared with American Cheese.



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Menu Item	Allergens
Seafood (with ingredients as stated on the menu)	
Spicy Thai Shrimp	Egg, Garlic, Milk, Refined Soybean Oil, Shellfish, Soy, Sulfites, Wheat
Chicken (with ingredients as stated on the menu)	
Hawaiian BBQ Pineapple Chicken	Garlic, Milk, Onion, Refined Soybean Oil, Sulfites, Wheat
Monterey Chicken	Egg, Garlic, Milk, Onion, Refined Soybean Oil, Sulfites, Wheat
Buffalo Chicken	Egg, Garlic, Milk, Refined Soybean Oil, Sulfites, Wheat
Chicken Cobb	Egg, Garlic, Milk, Refined Soybean Oil, Sulfites, Wheat
Chicken Skinny	Egg, Garlic, Milk, Onion, Refined Soybean Oil, Sulfites, Wheat
Veggie (with ingredients as stated on the menu)	
Black Bean Burger	Egg, Garlic, Milk, Onion, Soy, Refined Soybean Oil, Sulfites, Wheat
Impossible	Garlic, Refined Soybean Oil, Soy, Wheat
Slider 3-Packs (with ingredients as stated on the menu)	
Cheesy 3-Pack	Egg, Garlic, Milk, Soy, Wheat
Bacon Cheesy 3-Pack	Egg, Garlic, Milk, Soy, Wheat
Black + Bleu 3-Pack	Egg, Garlic, Milk, Soy, Sulfites, Wheat
Gourmet Dogs (with ingredients as stated on the menu)	
101 Dog	Milk, Refined Soybean Oil, Sulfites, Wheat; does not include toppings or sauce
Chicken Tenders (with ingredients as stated on the menu)	
Chicken Tender Basket	Garlic, Milk, Onion, Wheat; does not include sauces
Fries, Sides & Shareables (with ingredients as stated on the menu)	
French Fries	Garlic, Refined Soybean Oil
Sweet Potato Fries	Garlic, Refined Soybean Oil
Half & Half Basket	Garlic, Refined Soybean Oil
Coleslaw	Egg, Garlic, Onion, Refined Soybean Oil
Bun Selections	
Gluten Free Bun	Egg
Brioche Bun	Refined Soybean Oil, Wheat
Whole Wheat Bun	Refined Soybean Oil, Wheat
Slider Buns (King's Hawaiian)	Refined Soybean Oil, Soy, Wheat
Lobster Roll	Refined Soybean Oil, Wheat



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Menu Item	Allergens
Fresh Salads (with ingredients as stated on the menu)	
Buffalo Chopped Cobb	Egg, Garlic, Milk, Onion
Sonoma Valley	Milk, Tree Nuts Processed in a facility with eggs, peanuts, soybeans, wheat
Farm to Bowl	Garlic, Milk, Tree Nuts, Refined Soybean Oil
Super Burger Bowl	Onion; does not include burger patty or dressing
Side Salad	Onion; does not include dressing
Kids' Menu (with ingredients as stated on the menu)	
Garden Salad	Onion; does not include sides
with Crispy Chicken	Egg, Garlic, Milk, Onion, Wheat
with Grilled Chicken	Garlic
Burger	Garlic, Wheat; does not include sides
Cheesy Burger	Garlic, Milk, Soy, Wheat; does not include sides
Kids' Grilled Cheese	Milk, Soy, Wheat; does not include sides
Hot Dog	Refined Soybean Oil, Sulfites, Wheat; does not include sides
Chicken Tenders- with Crispy Chicken	Wheat, Milk, Onion, Garlic, does not include sides
with Grilled Chicken	Garlic, does not include sides
Side, Grapes	None
Side, French Fries	Garlic, Refined Soybean Oil
Side, Sweet Potato Fries	Garlic, Refined Soybean Oil
Shakes & Signature Shakes (includes Burger 21 vanilla ice cream, Blue Bunny Vanilla Ice Cream)	
Bananas Foster	Milk, Soy, Tree Nuts
Chocolate	Milk, Soy
Chocolate Malted Milk Ball	Milk, Soy, Wheat
Chocolate Peanut Butter	Milk, Peanuts, Soy
Chocolate Hazelnut	Milk, Soy, Tree Nuts
Cookies & Cream	Milk, Soy, Wheat
Salted Caramel Pretzel	Milk, Nuts, Soy, Wheat
Strawberry	Milk
Strawberry Short Cake	Egg, Milk, Soy, Wheat
Vanilla Bean	Milk
Cookies	
All Cookies	Egg, Milk, Soy, Wheat; Processed in a factory with nuts
Cheese Selections	
American	Milk, Soy
Cheddar, Goat, Gorgonzola, Pepper Jack, Swiss	Milk



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Salad Dressing Selections	
Avocado Ranch	Egg, Garlic, Milk, Onion, Refined Soybean Oil
Fat-Free Balsamic Vinaigrette	Garlic, Onion, Refined Soybean Oil, Sulfites
Honey Mustard	Egg, Refined Soybean Oil
Ranch	Egg, Garlic, Milk, Onion, Refined Soybean Oil
Raspberry Walnut Vinaigrette	Garlic, Onion, Tree Nuts, Refined Soybean Oil
Sweet + Creamy Balsamic Vinaigrette	Egg, Garlic, Onion, Refined Soybean Oil, Sulfites
Sweet Onion	Egg, Garlic, Onion, Refined Soybean Oil
Sauce Selections	
21 Sauce	Egg, Garlic, Onion, Refined Soybean Oil, Sulfites
Apple Cider Sauce	Egg, Refined Soybean Oil, Sulfites
Barbeque Sauce	Garlic
Bleu Cheese Spread	Egg, Milk, Refined Soybean Oil, Sulfites
Buffalo Sauce	Garlic
Caramel Soy	Soy, Wheat
Chipotle Mayo	Egg, Garlic, Onion, Milk, Refined Soybean Oil, Soy, Sulfites
Cilantro Sour Cream	Garlic, Milk
Dijon Mustard	Sulfites
Guacamole	Garlic, Onion
Ketchup	Onion
Pickle Relish	None
Ragin Cajun Aioli	Egg, Fish, Garlic, Milk, Onion, Soy, Sulfites
Sesame Thai	Garlic, Onion, Soy, Sulfites, Wheat
Sriracha Aioli	Egg, Garlic, Sulfites
Sundried Tomato Aioli	Egg, Milk, Sulfites
Thai Ketchup	Garlic, Onion, Soy, Sulfites, Wheat
Toasted Marshmallow	Egg, Soy, Sulfites, Wheat
Yellow Mustard	Garlic



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Menu Item	Allergens
Protein Selections	
Beef Patty	Garlic
Cinco Beef Patty	Wheat, Garlic
Chicken Patty	Wheat, Sulfites, Milk, Garlic
Shrimp Patty	Wheat, Sulfites, Soy, Shellfish, Garlic
Black Bean Veggie Patty	Wheat, Sulfites, Soy, Milk, Egg, Onion, Garlic
Impossible Patty	Soy
Chicken Tender - Fried	Wheat, Milk, Onion, Garlic
Grilled	Garlic